

# breakfast at milk & honey

head chef hayden esau

7am - 11.30am  
drinks and sweets all day  
*please inform staff of any allergies*  
*(yes, we have gf toast!)*

## CEREALS & FRUIT

cornflakes / cocoa pops / weet bix with milk **8.5**

house made toasted muesli, cinnamon roasted apple, yoghurt **10.5**

m/h vegan bircher, spiced poached pear, toasted almonds & cranberries **14.5**

cinnamon roasted apples, yoghurt, toasted coconut **10**

## TOASTS & TOPPINGS

two pieces of sourdough or fancy brown bread with (choose one) jam / marmalade / nutella / pic's peanut butter / marmite / arataki honey **7.5**  
*extra spread +0.5 extra toast +2.5*

croissant with jam **6.5**

m/h banana bread with yumyum butter **5**

## EGGS & STUFF

two eggs poached / scrambled / fried with house baked sourdough toast or fancy brown toast **10**

cooked breakfast - two eggs poached / scrambled / fried with house baked sourdough toast or fancy brown toast with streaky bacon, m/h pork & fennel sausage, roasted tomato, roasted Te Mata mushroom **20**

*add two hash browns +5*

ham, caramelized onion, cheddar cheese omelette with house baked sourdough toast or fancy brown toast **19**

pickled shitake mushroom, spinach, sesame & hoisin omelette with sourdough or fancy brown toast **18**

## SOMETHING A BIT DIFFERENT

waffles, whipped frozen banana cream, fresh banana, toasted coconut, maple syrup **16**  
*add bacon +5.5*

smoked fish kedgeree, spiced rice, kasundi, coriander, fried egg **18.5**  
*add another egg +2.5*

creamy Te Mata mushrooms on grilled sourdough or swap sourdough for hash browns (add \$2) **17.5**  
*add an egg +2.5*

grilled house baked flatbread, hummus, zaatar, labne, tomato, cucumber **18.5**

hayden's steamed bun bacon butty **7.5**

## SIDES

yoghurt **4**

roasted cinnamon apple **5**

half avocado **4** *(subject to availability)*

roasted tomato **4**

roasted Te Mata mushroom **5**

wilted spinach **5.5**

m&h pork & fennel sausage **5.5** *(a m&h specialty!)*

streaky bacon **6.5**

house made smoked fish **7.5**

sliced champagne ham **5.5**

hash browns **5**

single hash brown **3.5**

gochujang glazed bacon **7.5** *(a m&h specialty!)*

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please note we are unable to swap items on set dishes  
you are welcome to build your own breakfast -  
start with two eggs on toast and add sides as you like

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# morning drinks

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beverages to energise and revive  
don't know what to drink? ask your waiter for a recommendation

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## HAWTHORNE ESPRESSO

### double shots from havelock north

espresso **3**  
macchiato **3.5**  
long black **3.5**  
flat white **4**  
latte **4.5**  
cappuccino **4.5**  
iced coffee (ice, milk, coffee) **4.5**  
extra shot / soy / cream **0.5**

## MILK & HONEY SPECIALTIES

house made chocolate milk **5**  
sweet & spicy house made chai latte **4.5**

## OTHER HOTTIES

hot chocolate **4.5**  
from-scratch lemon, honey & ginger **5.2**  
big fluffy **1.3**

## HOMEGROWN JUICES

orange / grapefruit / tomato  
apple / cranberry / pineapple **all 5**

## HOMEGROWN SMOOTHIES

feijoa / berry / spirulina **5.5**

## MORE JUICES

first press merlot juice (non alc) **6**  
first press gewürztraminer juice (non alc) **6**  
coaqua coconut water **6.5**

## PICK-ME-UP

vallformosa cava **10.5**  
breakfast bourbon **14.5**  
classic bloody mary **12**  
panhead blacktop oatmeal stout **8.5**

## FIZZY & DRY

fever tree tonic water / ginger ale **4**  
hopt salted lychee / hopt pear & basil / watermelon  
& mint **4.5**

## FIZZY & SWEET

aroa elderflower / feijoa / rhubarb **5**  
all good blackcurrant / white grapefruit / blood orange  
**4.5**  
foxtan fizz raspberry **4.5**  
l&p **4.5**  
lemon lime & bitters / lime & soda **4.2**  
coca cola / coke zero / sprite **3.8**

## FINE & DANDY ORGANIC FAIRTRADE TEA

**all 3.9**  
english breakfast  
earl grey  
green  
peppermint  
lemongrass, ginger & kawakawa

## T LEAF TEA

**all 3.9**

### black

darjeeling / sweet lemon / chai / lapsang souchong

### green

tokyo lime / jasmine dragon pearls

### white

silver needle / white peony

### rooibos

red vanilla raspberry / green peach

### tisanes

chamomile / rose buds / orchard fruits /  
strawberry kiwi

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celebrating? just finished your night shift?  
ask your waiter for our full drinks list

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